Summer Week 1 Menu

everyFAMILY

WEEK COMMENCING: 04/05, 18/05, 01/06, 15/06, 29/06, 13/07, 27/07, 10/08, 24/08,,

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	HONEY DEW MELON, RICE SNAPS,OR SHREDDIES TOAST(WHITE), MILK OR WATER	SLICED PEARS, SHREDDIES OR WEETABIX, SEEDED TOAST, MILK OR WATER	STRAWBERRIES, PORRIDGE OR RICE SNAPS, TOAST (WOLEMEAL), MILK OR WATER	BLUEBERRIES, WEETABIX OR RICE SNAPS, TOAST (WHITE) MILK OR WATER	SLICED APPLE, WEETABIX OR PORRIDGE, SEEDED TOAST, MILK OR WATER
AM SNACK	APPLE & SATSUMA PLATTER MILK OR WATER	PITTA BREAD & HOUMOUS DIP MILK OR WATER	MULTIGRAIN CRACKERS AND SOFT CHEESE MILK OR WATER	CARROT & CUCUMBER STICKS WITH PEA & MINT DIP MILK OR WATER	HONEY DEW MELON MILK OR WATER
LUNCH	PLANT BASED MEATBALLS	BEEF OR QUORN CHILLI	LENTIL BOLOGNESE	ROAST CHICKEN OR QUORN	SALMON OR VEGI FISHCAKES
SIDE DISHES	RAINBOW COUS COUS	WHITE RICE & BATON CARROTS	WHOLEWHEAT SPAGETTI & CUCUMBER STICKS	NEW POTATOES, COUNTRY MIXED VEG & GRAVY	SWEET POTATO BATONS & PEAS
SECOND COURSE	NATURAL YOGURT WITH EXOTIC FRUIT PUREE	FRUIT COCKTAIL MIXED WITH YOGURT	NATURAL YOGURT WITH WILD BERRY PUREE	BANANAS & CUSTARD	CHEESE & CRACKERS
PM SNACK	BREADSTICKS WITH MACKERAL DIP MILK OR WATER	STRAWBERRY & BLUEBERRY PLATTER MILK OR WATER	PEAR & APPLE PLATTER MILK OR WATER	FRUIT & SEEDED OATCAKES, COTTAGE CHEESE & CUCUMBER MILK OR WATER	PEPPER STICKS WITH MINT YOGURT DIP MILK OR WATER
TEA	CHICKPEA MAC & CHEESE	EGG & CRESS WHOLEMEAL SANDWICHES	HOMEMADE SAUSAGE ROLLS	TUNA & LENTIL PASTA BAKE	JACKET POTATO
SIDE DISHES	BABY CORN	CORN SALAD	ROASTED PEPPERS & CHERRY TOMATOES	GRATED CHEESE & RED PEPPER	FIVE BEAN & GRATED CHEESE
SECOND COURSE	SLICED PEAR	CHEESE & GRAPES	SLICED HONEY DEW MELON	FRUIT SALAD MIXED WITH GREEK YOGURT	MANDARIN SEGMENTS

OUR MENU WILL BE ADAPTED TO SUIT ALL DIETARY REQUIREMENTS

Summer Week 2 Menu

everyFAMILY

WEEK COMMENCING: 11/05, 25/05, 08/06, 22/06, 06/07, 20/07, 03/08, 17/08,

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	RASPBERRIES, RICE SNAPS OR SHREDDIES, TOAST (WHITE), MILK OR WATER	STRAWBERRIES, PORRIDGE OR RICE SNAPS, WHOLEMEAL TOAST, MILK OR WATER	BLUEBERRIES, WEETABIX OR SHREDDIES, SEEDED TOAST MILK OR WATER	SLICED APPLE, RICE SNAPS OR SHREDDIES, WHOLEMEAL TOAST, MILK OR WATER	SLICED PEAR, PORRIDGE OR WEETABIX SEEDED TOAST, MILK OR WATER
AM SNACK	SATSUMA & GRAPE PLATTER MILK OR WATER	FIBRE CREAM CRACKERS WITH SOFT CHEESE MILK OR WATER	BANANA & PEAR PLATTER MILK OR WATER	PEPPERS & CELERY STICKS WITH PAPRIKA YOGHURT DIP MILK OR WATER	RASPBERRY & BLUEBERRY PLATTER MILK OR WATER
LUNCH	BEEF/QUORN BOLOGNESE	ROOT VEGETABLE CURRY	CREAMY GARLIC BUTTER CHICKEN /QUORN ROTINI (V)	VEGETABLE & APRICOT TAGINE	COD FISH FINGERS
SIDE DISHES	PASTA FUSILLI & BROCCOLI TREES	PILAU RICE	PEAS	VEGETABLE COUS COUS	HERBY DICED POTATO & SWEETCORN
SECOND COURSE	NATURAL GREEK YOGHURT WITH STRAWBERRY & BANANA PUREE	SLICED WATERMELON	NATURAL GREEK YOGHURT WITH CHERRY PUREE	MIXED FRUIT COCKTAIL	NATURAL YOGHURT WITH STRAWBERRIES
PM SNACK	BREADSTICKS & SALMON DIP MILK OR WATER	APPLE & SATSUMA PLATTER MILK OR WATER	CARROT & CUCUMBER STICKS & HOUMOUS DIP MILK OR WATER	APPLE & SATSUMA PLATTER MILK OR WATER	CRACKERS & COTTAGE CHEESE MILK OR WATER
TEA	CHEESE WHOLEMEAL ROLLS	VEGETABLE QUORN CHEESE & TOMATO PIZZA	TUNA AND SWEETCORN WHOLEMEAL WRAPS	LENTIL & BUTTERBEAN PASTA BAKE	BEAN BURGER
SIDE DISHES	CHICKPEA SALAD	CARROT & CUCUMBER STICKS	GREEK SALAD	GRATED CHEESE	BREAD ROLL & POTATO SALAD
SECOND COURSE	PINEAPPLE SLICES	NATURAL YOGHURT WITH PEAR PUREE	CHEESE & PINEAPPLE	NATURAL GREEK YOGHURT WITH MANGO PUREE	SLICED BANANA

OUR MENU WILL BE ADAPTED TO SUIT ALL DIETARY REQUIREMENTS